

## Queen Charlotte Intermediate Newsletter – April 2024

Visit us at: <http://queencharlotte.edu.pe.ca/>  
X (formerly Twitter): @qccoyotes

### QUEEN CHARLOTTE SOCIAL EMOTIONAL LEARNING (SEL)

Social and emotional learning (SEL) is an integral part of education and human development. SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

SEL advances educational equity and excellence through authentic school and family-community partnerships to establish learning environments and experiences that feature trusting and collaborative relationships, rigorous and meaningful curriculum and instruction, and ongoing evaluation. SEL can help address various forms of inequity and empower young people and adults to co-create thriving schools and contribute to safe, healthy, and just communities.

On behalf of QC, in partnership with Public School Branch (PSB) and Department of Education and Lifelong Learning (DELL) we continue to co-create, develop, and establish our SEL framework based around five main competencies: self-awareness, social awareness, responsible decision-making, self-management, and relationship skills. Along with supporting and talking about the main competencies, we want to continue to establish equitable and positive learning environments. The key settings to establish and foster youth choice, engagement, and family and community partnerships include four collaborative environments - in classrooms, across the school, families/caregivers, and within our learning community. Together, we will continue to develop our SEL framework for all QC Coyotes!

### SOLAR ECLIPSE

Out of an abundance of caution, all schools in the PSB will be dismissing two hours early on April 10<sup>th</sup>, 2024 due to the solar eclipse. *Busses will be leaving Queen Charlotte at 1:00pm; however, students who walk home may be excused at 12:05 when lunch break begins.* Exciting news! The Department of Education and Early Years has acquired ISO 12312.2 certified solar eclipse glasses (filters for direct observation of the sun) for all students, prioritizing safety for this upcoming event. Glasses will be sent home with students on April 4<sup>th</sup>. Solar Eclipse Link to watch safely with glasses: <https://solareclipse.princeedwardisland.ca/Safely-Watch>

### GRADE SIX BAND TESTING (for incoming grade seven students)

In April our QC Band Director, Mr. MacInnis, will visit with each feeder school to promote our band program for the 2024-25 school year. During these visits, he will announce band testing dates. Band testing dates will take place after the feeder school visits.

### BAND DAYS

We would like to wish our Grade 8 & 9 band students good luck as they perform at the UPEI Performing Arts Centre on Wednesday, April 10<sup>th</sup>.

### EASTER SEALS CAMPAIGN

Our QC students and staff are excited to put together several fundraising activities to support our annual Easter Seals campaign. Student Council Executive and our HR class reps will be raising funds with the following school wide activities: "Freezies for Easter Seals" and other various donation options. The Easter Seals School Tour is a 43-year Island tradition, beginning this year on April 24<sup>th</sup>, and we look forward to welcoming this year's Easter Seals Ambassador, Lucie Gallant.

### BRIDGE BUILDING

The 29<sup>th</sup> annual Engineers PEI Bridge Building Competition took place on March 15, 2024. Queen Charlotte submitted six bridges and had four place in the top fifteen. Queen Charlotte Intermediate swept the Junior High Division winning 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prize! 1<sup>st</sup> prize went to Tara Carruth of 7F; her bridge supported 74lbs and was judged to be 9<sup>th</sup> overall in design of the 38 bridges in the competition. 2<sup>nd</sup> prize went to Hudson Mossey and William Jenkins of 7H with their bridge supporting 93lbs and finishing 13<sup>th</sup> overall in design and 3<sup>rd</sup> prize went to Novalea Griffin who's bridge supported 54 lbs and her bridge was 14<sup>th</sup> overall in design. An honorable mention to Nisha Khanal of 7F, who just missed the podium in 4<sup>th</sup> place with her bridge supporting 45 lbs and was 15<sup>th</sup> overall in design. Prizes will be delivered to the school soon.

### QC HOME AND SCHOOL MEETING

Our next QC Home & School meeting will be held on Tuesday, April 9<sup>th</sup> in our school cafeteria at 6:00pm. There will also be a PEI Home & School AGM on Saturday, April 13<sup>th</sup>. If you have any items to put forward for the agenda, or would like more information about the AGM, please contact our QC H & S Committee chair, Heather Mullen at [mullenpei@gmail.com](mailto:mullenpei@gmail.com)

## CSADS SURVEY

In partnership with Public Schools Branch, our QC students will participate in the CSADS (Canadian Student Alcohol and Drugs Survey) during the week of April 22 – 26<sup>th</sup>. This survey is initiated and funded by Health Canada and provides timely and reliable data toward the development and evaluation of strategies, policies and programs aimed at reducing higher risk substance use and related harms among Canada's youth. The participation of students who do not use alcohol or other substances is as important as the participation of those who do, as both are needed to produce accurate data with respect to alcohol and drug use among Canadian students. For more information please click on this link: [www.csads.ca](http://www.csads.ca) If you wish for your child to opt-out of this survey, please follow this link and complete the online form:

<https://csads.cci-research.ca/Consent> Use Permission code: **3068C8A**

## ATHLETICS

**Intramurals** continue every day for all students with Gr 7 on Days 2 & 5, Grade 8 on Days 1 & 4, and Grade 9 on days 3 & 6.

**Wellness Club** Group #3 will end April 12<sup>th</sup> and the new Group #4 will start on Monday April 15<sup>th</sup>. A new Sign-Up will be posted for students.

**Badminton Club:** Badminton Club will start on Thursday April 4<sup>th</sup> and run every Tuesday, Wednesday, and Thursday from 3:00-4:00pm. Badminton Club is open to all students. Students must sign a release form, and have it returned to the Phys Ed office before attending.

**School Badminton Team:** The QC School Badminton Team will begin practice Thursday April 4<sup>th</sup>. Practices will run every Tuesday, Wednesday and Thursdays from 4:00-5:00pm. Players are encouraged to join the Club at 3:00-4:00pm as well for more practice time. Not all players who make the school team will attend zones and provincials.

PEISAA Badminton Zones are April 15<sup>th</sup> (Doubles), 16<sup>th</sup> (Singles), and 17<sup>th</sup> (Singles Finals).  
Bantam Girls (Gr 7 & 8) @ QC

Bantam Boys (Gr 7 & 8) @ Stonepark  
Intermediate Girls (Gr 9) @ Birchwood

Intermediate Boys (Gr 9) @ EWS.

PEISAA Badminton Provincials take place on Tuesday, April 23<sup>rd</sup> and Saturday, April 27<sup>th</sup>.

Bantam Boys & Girls Tuesday, April 23 at KISH and Saturday April 27 at SIS.

Intermediate Boys & Girls Tuesday, April 23 at SIS and Saturday, April 27 at SIS.

**Flag Football** Sign Ups will be posted in early April, tryouts will begin mid-late April. PEISAA Flag Football Provincials are June 11<sup>th</sup>.

**Softball** Sign Ups will be posted in early April, tryouts will begin mid-late April. Students must choose between Flag Football and Softball. PEISAA Softball Provincials are June 13<sup>th</sup>.

**Track and Field** Practices will begin the first week of May. Zones are May 21<sup>st</sup>, Provincials for those students who qualify are May 31<sup>st</sup> and June 1<sup>st</sup> (Friday evening and Saturday morning/afternoon)

**Wrestling:** The PEISAA Wrestling Zones will be at Birchwood on Monday April 15<sup>th</sup>. Provincials are Saturday April 20<sup>th</sup>. Best of luck to QC wrestlers Ronan Lannigan, Maddie Downie, Kayleigh Saunders, Ammar Al Rahhal, and Timer Inozemtse.

## YEARBOOK

The final steps in creating our yearbook are currently taking place and we are ready to send it off to the publisher for printing. Thanks to all the businesses who sponsored a page, and thanks to all who have pre-ordered a book. The yearbooks will arrive in early June.

We are excited to announce that the cover for the yearbook placed 2<sup>nd</sup> in the Friesen Yearbook Atlantic Canadian Cover Contest and has been moved up to the National Competition.

Thanks to RUDI'S PHOTOGRAPHY for the many sports photos made available for our yearbook. This has been most helpful for times when we missed a game or were unable to attend a championship match.

Many photos of teams and individuals taken during Provincial playoffs are available at RUDISPOTO.com in both digital and print formats, all at reasonable prices. Continued support of Rudi's Photography will allow his support of our yearbook to continue.

**YEARBOOK (continued)**

Rudi's Photography can be reached in the following ways:

Rudi's Sports and Event Photography

ph: 902.314.5972 (cell/text)

email: rudi.terstege@gmail.com

Website: [www.rudisphoto.com](http://www.rudisphoto.com)

Facebook: <https://www.facebook.com/rudisphoto/>

Instagram: <https://www.instagram.com/rudisphotopei/>

**Dates to Remember:****April**

- 01 Easter Monday (no classes)
- 08 2 hour early dismissal due to solar eclipse
- 09 QC Home & School meeting (6:00 PM)
- 10 Band days at UPEI Performing Arts Centre
- 13 PEI Home & School AGM
- 19 Professional Development day (no classes)
- 24 East Seals Tour visit

**May**

- 03 Area Association Day (no classes)
- 20 Victoria Day (no classes)