

Ottawa/Quebec Trip 2024-25

Information To Know #2



Some details

- 160 Students (out of 240)
- Final Cost is \$1444 - Due Dec 15
- 4 buses
- 12 staff chaperones

Is it too late to back-out?

- In a word – yes.
- Dropping by one person can increase the price for the rest by close to \$10.
- There is no option to back out except for medical emergency (in which case it may be covered by insurance)

Roommate Form

- Will be handed out on tomorrow - December 4
- Due back to homeroom teachers December 12
- Choose up to 3 other people that you would like to room with. We guarantee you will get at least one person that you name

Roommate Form

- Check with people if you are putting their name down. Do not put a person's name if you did not check with them
- You are sharing the same room - you don't need to be with them at all times.
- 2 double beds in each room - no cots!

Rooming lists

- An e-mail will be sent to parents the Thursday/Friday before departure date.
- No changes - you are only in the room for a short time.
- You will be on the bus with your roommates, and you can choose your seats.

QC - Ottawa/Quebec Trip Roommate Form - 2024-25

Student Name (your name)	HR Class

Here is the list of people with whom I would like to share a room while in Québec and Ottawa. I realize I may not get all the people on this list. Our QC Staff chaperones will do their best to try to accommodate everyone.

YOU MUST INDICATE 3 PEOPLE WHO YOU WANT TO ROOM WITH. Do not put any less than 3 other people!

YOU MUST CONFIRM with those who you have named to see that it is ok.

	Names (roommates names)	HR Class
1		
2		
3		

Date	
Parent Name	
Parent Signature	
Student Signature	

Please pass this form back to your HR Teacher on or before December 12th, 2024. Thank you.

Changes of info

- Let us know if there is:
 - a new cell phone number.
 - new medications being taken.
 - new medical conditions.
 - any new/updated contact information.

Chaperones

- 12 Chaperones

- Mr. White

- Mr. Taggart

- Mrs. MacIsaac

- Mrs. Cudmore

- Mr. Maund

- Mrs. Hann

Mr. Phelan

Mr. Toole

Mrs. Duncan

Ms. E. Arsenault

Mrs. Morrison

Mr. Trainor

Fund Raising

- Everything is due back by Dec 17
- You are responsible for tickets you took - you must return unsold tickets and/or stubs.
- Students are encouraged to continue to fundraise on their own (shoveling, raking, babysitting, etc)

Departure and arrival info

- Arrive at school at 6:00 am on Jan 13th.
- Depart at 6:30am
- Returning Friday night, Jan 17th , approximately 11:30 pm.
- Departing from and arriving back to Simmons parking lot - please park close to Simmons
- Monday lunch not covered - pay on own
- Emergency contact phone numbers will be provided to students and parents.

Medical Information

- If student requires an epi-pen, it must be with them at all times.
- Gravol for motion sickness
- Please be sure students have medications that they require with them.
- If meds need to be given by chaperones, please let us know.



Student expectations



- Cell phone use:
- Cell phones are permitted
- Do not use during tours
- Turn off/vibrate mode after curfew
- No calls between curfew & 7 AM
- Texting is the best way to go
- No use of cell phones during meals - take time to eat and talk

Student expectations in the cities

- Students are to stick with the group or people from the group at all times. Should always be in a group of at least 3 - 4.
- Students are not permitted to leave the site we are at - hotel, rink, etc. for any reason.

Student expectations in the cities

- If meeting with someone from outside of the trip (ie. Family member from Ontario or Québec)
- Students must inform a chaperone
- Person must present themselves to the chaperone
- Visitor will meet at our location (students are NOT permitted to leave with them)
- Parents are asked to provide information/notes ahead of time.

Bus rules and regulations

- Remain seated while the bus is moving, unless going to the washroom.
- Seatbelts are on the bus and students are asked to use them.
- Please keep your bus clean. Be respectful of noise levels, especially when travelling at night and/or in heavy traffic.
- Stay on assigned bus. Start on Bus #1, Finish on Bus #1.
- You are expected to be at buses ON TIME, early is good!



Motion Sickness

- Not a fun experience
- Make appropriate decisions re: food
- Where to sit makes a difference (middle/front is best - window or aisle)



Hotel Room Rules and Expectations

- Boys are on one floor/wing and girls are on another – not allowed in each other's rooms
- Arrive back at hotel – direct to room and stay there.
- Chaperones will be in the same areas...so rooms of male chaperones and rooms of female chaperones in their respective areas.

Hotel Room Rules and Expectations

- There will be a curfew, each night students are to be in room upon return to hotel - lights out 30 minutes later... no cell phone use! (Turn off or silent mode)
- Purchase snacks ahead to time - expensive at hotel, and we are not permitting a stream of people to the front desk.
- You are expected to be respectful, we will not be the only guests in the hotel and therefore you will not be permitted to be hanging out in the hallways and in each others' rooms.

Hotel Room Rules and Expectations

- Chaperones will be doing room checks prior to curfew.
- Security guards have been hired to help ensure safety during the night, they will be patrolling the hallways.
- No Smoking/Vaping - strict no smoking/vaping policy in hotel rooms. Anybody in a hotel room smoking or vaping is subject to a \$500 fine by the hotel.

Room Etiquette

- Everyone paid the same amount for the trip and therefore everyone has the right to have a bed to sleep in, have a shower, and feel like their belongings are being respected.
- Should we hear otherwise, we will be having discussions with the students involved.

Departing hotel

- If we say we are leaving at 8, you need to be on the bus at 7:45.
- You should be sure to leave hotel rooms in the same shape you found them...clean!
- Before leaving the room, you should do a check and make sure that you have all of your items.
- We cannot go back... check for chargers, clothes, toothbrushes, etc.

Wake-up calls and breakfast

- Wake-up calls will be made 6:30 - 7:00. This is the time for you to get up and get ready.
- Have a shower, dress for the day - then go eat
- We suggest that you have shifts for showers, two go at night and then two in the morning...you decide, but everyone should shower everyday (we are traveling by bus & we want to make it a pleasurable trip for everyone)

Wake-up calls and breakfast

- Go for breakfast - dress in 'day' clothes - no PJs!
- Return to your room for inspection by a chaperone (if checking out)
- Make sure you have your room key with you and your roommates

Chaperone & checkout

- On checkout days, have your stuff packed and ready to go - BEFORE BREAKFAST.
- Before checkout from hotels, chaperones will be checking each room with roommates present for clean rooms and for any items that could be left in a room.

Issues - behaviour or damage

- Any issues that require a chaperone to speak to a student or students about behaviour or respect, could carry consequences.
- Any issue involving damages of any sort, the cost will be a student or students' responsibility (if amount exceed their means, it will be at parents' cost, upon our return).

What to bring?



- List provided (also on website)
- Students should have skates for when we go skating on the Rideau Canal. (but not necessary - if you need a pair, let us know by end of this week)
- Students need to bring a helmet for tubing and skating (mandatory - if you need one, let us know).
- Any and ALL medications that you need.

What to bring...



“There is no such thing as bad weather, only inappropriate clothing.”

- Sir Ranulph Fiennes

- Warm clothes! Boots, hats, gloves. You will be outside for extended periods of time and Ottawa and Quebec are cold at this time of year!

Luggage

1 Large piece of luggage (suitcase)

- Students will not have access to luggage during the drive..
- 1 piece of carry on (backpack, etc.)
- Skates & Helmets in separate bag - with name on bag
 - In preparation for tubing, be sure snowpants & helmets are accessible
- Students must be able to handle and carry your own luggage

Purchases

- Keep purchases small and to a minimum.
- There is a limited amount of space, and you need to be able to carry all of your luggage.
- Should you feel the need or the want to make a large purchase...you need to contact a chaperone to ensure that it will be suitable for transport.



Food and beverages

We are trying to ensure that all of you have a healthy and safe trip:

No energy drinks, alcohol, tobacco products or drugs, including prescriptions not intended for yourself!



Food and beverages

- We are trying to ensure that all of you have a healthy and safe trip:
- This is a peanut free trip
- Check ingredients when purchasing snacks
- Please try to eat healthier choices in snacks (not sugar packed)
- Stay away from a lot of caffeinated drinks (Cola, etc)



Technological Devices

Permitted

- Cell phones
- Tablets

Not to bring

- Laptops
- Chromebook

Our reasoning for this is that these are **expensive** and we would prefer they be left at home. - We think it best that they be able to **put these items in a pocket – out of sight.**

Simple Tips for Safe Travel

- Tips for safe travel list is posted on the website.
- Please go over this with your child before our departure (if a paper copy is needed, let us know)
- Forward any questions or concerns you should have to any of the chaperones.



Emergency Procedures

- Some chaperones will have cell phones, students will have two phone numbers on a sticker.
- We have chaperones who are CPR and First Aid trained as well as some of Target Tours Employees.
- Parents will be informed of the numbers prior to departure.
- Emergency = medical issue, security issue, lost etc.



Spending money

- Although the trip includes the cost of 3 meals a day, hotel, transportation and activities, it is recommended that students bring some spending money.
- Suggested amount \$100-\$150, this would give you the opportunity to buy snacks, some memorabilia, shopping etc.
- It is also a good idea for them to bring the suggested amount of money for “just in case” situations...unpredicted expenditures on your part.

Weather issues

- The plan is to leave at 6:30am
- By 6pm the night before, we will know the weather situation.
- If bad weather is forecast, be ready to leave at noon on the day before (Sunday)

Weather issues

- Departure delays will be made by 4:30am on Monday.
- Information provided to website, and instant email
- Insurance coverage provides for delays related to weather.

Final thoughts

- We are looking forward to a great trip!
- We will do a mass email upon arrival in hotel in Ottawa.
- Target Tours will post updates on Social Media – facebook and Twitter.
- If you have questions, please contact us by phone or email.
- This is a great experience for everyone, and the excitement level is building!
- Thanks for your support!

Next meeting

- Final meetings for Students -
Tuesday, January 7 during school

Final Questions?

- Please ask!
- Email Mr. KJ White at kjwhite@edu.pe.ca